

Wembley Doubles



2V2 ATTACKING DRILL

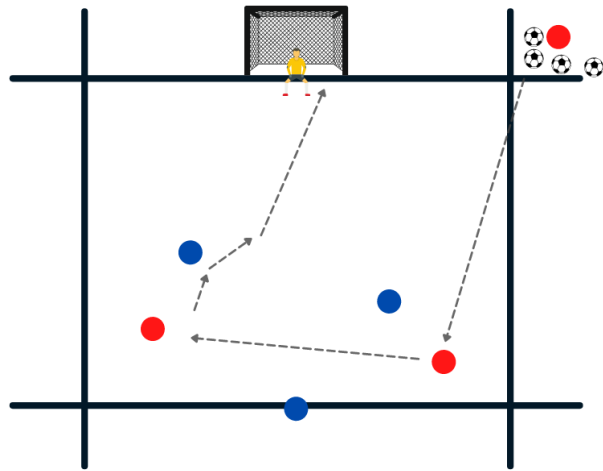


Age: 8-11 Years

Players: 6-12

Topic: Shooting

Duration: 15 Mins



Set Up The Drill:

Set up a 20×25 yard grid with small cones and place a full-size goal on the end of the grid as shown in the diagram. If you don't have a soccer goal available, use tall cones or poles to create one. Repeat the setup so you have 1 grid and goal for every six players. You'll need a supply of balls, preferably 6 per grid.

Instructions:

Make teams of 2 and then place them in groups of 6 so there are 3 teams within each grid. 2 teams will start as the attackers (playing against each other) and 1 team will act as the server and the goalkeeper. The server starts in the corner of the grid and kicks out one ball. The two attacking teams compete for possession of the ball and try to score in the big goal against the goalkeeper. Play throw-ins from the side but once a goal is scored or the ball goes over the end line the server plays a new ball in to continue the game quickly. Play for 5 mins and then switch out the goalkeeper and server. After another 5 minutes switch again. Whichever team has the most goals at the end of the game; wins!

Coaching Points:

- Good decision making from players on when to pass & when to dribble.
- Can players use a teammate as a decoy before dribbling or shooting the ball?
- Players should look to shoot early and often.
- Encourage players to keep their head up at all times.
- Can players provide support away from the ball to give teammates space to make a decision?