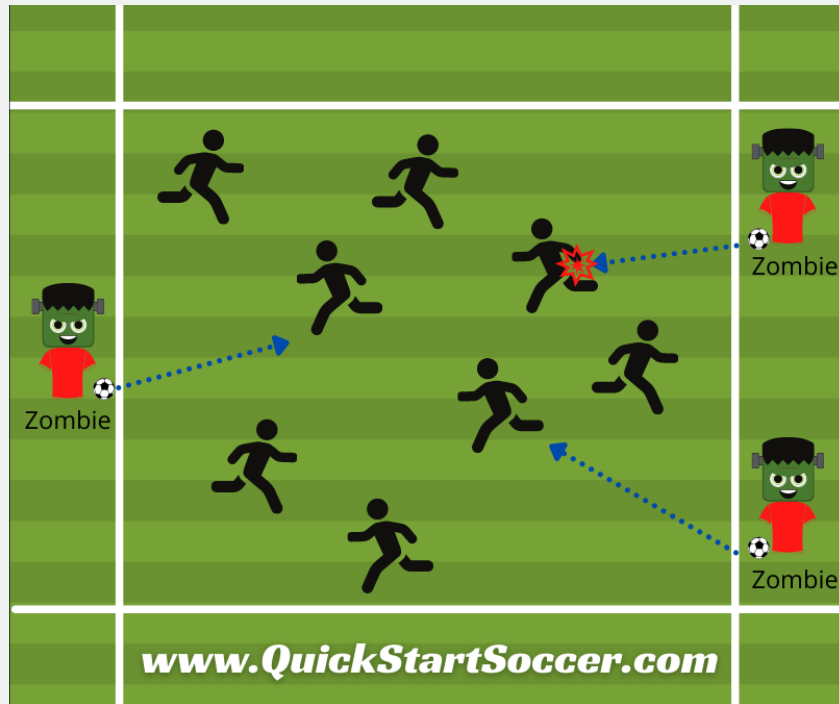


Warm Up Drill

ZOMBIE TAG



Level: Kids

Duration: 10 Mins

Set Up: Make a Grid and choose 3 players to be the 'Zombies' and give them a ball. Zombies should stand outside the grid and other players inside the grid.

Instructions: Players should run around inside the grid. The Zombies should kick the ball trying to hit the players. If a ball hits a player, that player becomes a Zombie and joins the other zombies. The game finished when there is just one player remaining.

