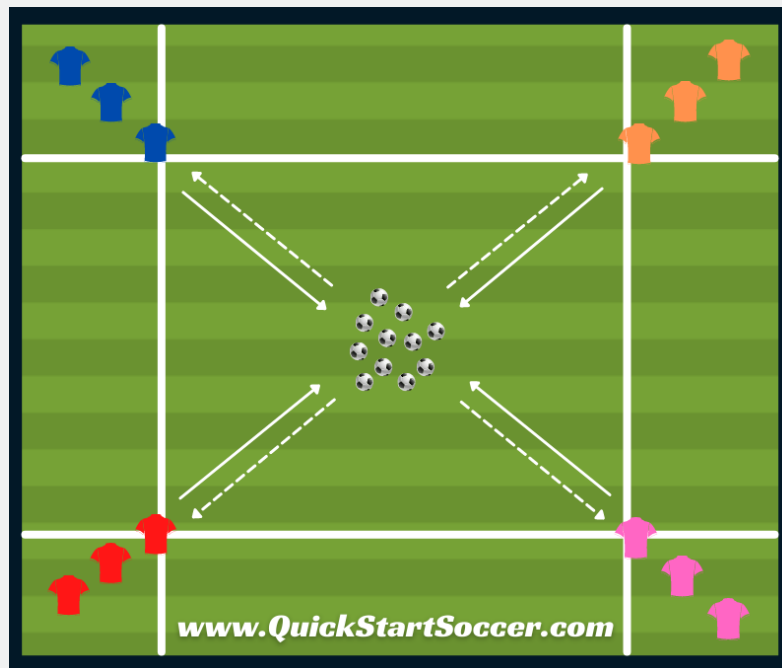


Dribbling Drill

ROBIN HOOD



Set Up The Drill: To set up the drill, make a 20x20 meter grid. Then, divide the players into four teams and have them line up at the 4 corners of the grid. Next, place many soccer balls in the middle of the grid. Now the game can begin.

Instructions: The 1st player from each team sprints into the middle, performs a drag back, dribbles the ball back to his/her team and then high fives the next player and he/she sprints to retrieve the next ball. The team with most balls at the end is the winner.

