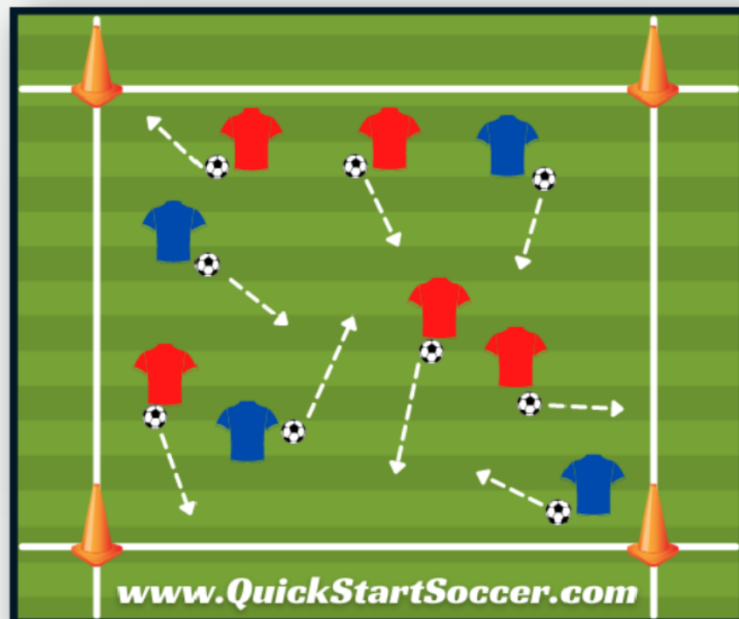


Dribbling Drill



KING OF THE RING



Set Up: Set up a 20x20 grid and give 1 ball to each player.

Instructions: Players must keep his/her own ball in the grid while trying to kick out others.

Progression 1: Give each player a bib to tuck into their shorts. Players must retain their own bib while pulling out others.

Progression 2: Play with balls and bibs. Players must retain both ball and bib.

TIP: If the game is lasting too long, make the grid smaller and smaller to make it more difficult for players to keep their ball in the grid.

